

TRUST

HOME SCHOOL VALUES

This term we will be focussing in school on the value TRUST.
We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT TRUST TOGETHER...

Trust is a really important value. It must be earned. If we do not **trust** someone it is very hard to build a good friendship with them. Talk together about:

- people who you know that are **trustworthy**
- practical ways that we can show others that we are **trustworthy**
- why it is important to be able to **trust** others when working together as a team

THINK TOGETHER Words of Wisdom

"Trusting someone is like knowing you can jump and they will be there to catch you"

Anon.



FASCINATING FACTS

The Royal National Lifeboat Institute (RNLI)

When the crew and passengers of boats get into difficulty at sea, they can **trust** the lifeboat crews from RNLI to try their very best to rescue them. Many of the crew and coastguards are volunteers.

- There are over 230 lifeboat stations all around the coast of Britain & Ireland
- Crews are on call 24 hours a day, every day of the year. They must be ready to drop what they are doing at a moments notice to go out on their lifeboat



READ TOGETHER... The Storm on the Lake

The disciples were just exhausted. All day crowds and crowds of people had been following Jesus, listening as he taught them about God's love and watching as he healed people who were ill. Now the sun was beginning to set over the Sea of Galilee. Seeing how tired his friends were, Jesus said, "Let's get in a boat and go over to the other side of the lake."

They rowed away from the shore while Jesus went to the front of the boat and lay down. The waves lapped gently against the side of the boat, lulling Jesus into a peaceful sleep.

Suddenly the wind began to blow dark clouds across the sky. The waves weren't so gentle anymore. The little boat began to pitch and rock. The men looked anxiously across the lake. But Jesus still lay sleeping in the front of the boat.

The wind blew stronger. Great gusts rocked the boat. Spray from the waves soaked everyone inside. But still Jesus lay sleeping in the front of the boat.

By the time they reached the centre of the lake, the wind had turned into an angry gale that whipped the waves so high that they washed right over the boat. Jesus' friends were terrified. They thought they might drown. But still Jesus slept on.

Finally, one of Jesus' friends went and shook him awake. "Master," he cried, "don't you care if we drown?" Jesus looked around. He listened to the howling wind. He felt the cold, stinging spray of the waves. He saw the fear in the faces of his disciples.

Jesus stood, stretched out his arms to the wind and the waves, and commanded: "Peace! Be still!" At once the wind died down and the waves became completely calm. Turning to them, Jesus asked the disciples: "Why are you so afraid? Do you not **trust** me?"

Bible story based on Mark 4:35-41



QUIZ Crack the code

Answer the clues to find the letter corresponding to each number and then fill in the message.

Thrown in a board game

1	2	3	4
---	---	---	---

Jam is stored in this

5	6	7
---	---	---

Opposite of dark

8	2	9	10	11
---	---	---	----	----

Used to carry money

12	13	7	14	4
----	----	---	----	---

Break the code to discover the message in the story:

11	10	4
----	----	---

1	2	14	3	2	12	8	4	14
---	---	----	---	---	----	---	---	----

11	7	13	14	11	4	1
----	---	----	----	----	---	---

5	4	14	13	14
---	---	----	----	----



FAMILY FOCUS

Get Knotting

Knot tying is an important skill for every crew member on board a sailing ship. For the various parts of the sails and rigging different knots are used and the crew have to **trust** that the knots are tied properly and will hold.

We all use knots occasionally to hold something securely in place. See if you can master these knots:

A Clove Hitch knot, to secure a rope to a post.



A Reef knot to join 2 ropes together.



HOME-SCHOOL CHALLENGE

Build a Boat

This term's Home School Value has a watery theme. The challenge is to use scrap materials to construct a boat that floats and has a working sail.

Use a hairdryer to check that the sail really does catch the wind and move the boat across the water.



HALL OF FAME

Ernest Shackleton

From the time that he was a small boy Ernest Shackleton longed to go to sea. At sixteen he got his chance and joined the crew of a ship sailing to and from the Far East and America. This was the start of an amazing life of daring and discovery.

In December, 1914, Shackleton set out on perhaps his most famous voyage. It was his third expedition to Antarctica. His ship was called the "Endurance" and his mission to travel 1500 miles across Antarctica. Just 5 weeks later, "Endurance" became frozen in pack ice, unable to move. After being stuck for months the boat began to buckle, crushed by the ice. The crew was forced to abandon ship. They set up camp on an ice floe, but this was too dangerous so Shackleton and his men set out in three lifeboats. After six days, the men reached an isolated, uninhabited spot called Elephant Island.

Shackleton knew that for his men to survive, he must fetch help from a whaling station. It was 800 miles away but it was their only hope! Putting their complete **trust** in him and knowing their leader would return if it was humanly possible, the men watched as Shackleton and four others rowed away. Six long months followed before Shackleton was finally able to rescue his men 126 days later, after a journey of nearly 1600 miles.

Shackleton's courage and the **trust** he inspired in his men live on in legend.



COURAGE

HOME SCHOOL VALUES

This term we will be focussing in school on the value **COURAGE**. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT COURAGE TOGETHER...

Being **courageous** can mean different things to different people. For example, one person may think it easy to speak in front of a large audience, whilst another would need to find lots of **courage** to do this. Everyone faces challenges from time to time, and we have to find **courage** to overcome them.

Talk together about:

- The different challenges that each family member faces
- Who or what helps us find **courage**?
- Is there someone that we admire because of the **courage** that they have shown?

THINK TOGETHER ABOUT WORDS OF WISDOM

"**Courage** is not the absence of fear, but the willingness to overcome that fear."

Nelson Mandela



READ TOGETHER...

The Courage of David the Shepherd Boy

One day as David the shepherd boy was carrying lunch to his older brothers in the Israelite army he heard an angry booming voice thunder across the fields. "I am Goliath, and I dare you to pick someone to fight me."

The voice was coming from the Philistine ranks and went on taunting the Israelites and their God. As David grew closer he could see the giant Goliath strutting up and down. He could also see the terrified faces of King Saul and his soldiers. This made David very angry and more than a little ashamed. He decided he must go and see the king.

"I will fight that bully Goliath!" David announced.

It was all that King Saul could do not to laugh out loud. "You are just a boy David, a small boy. Goliath has been a mighty soldier all his life."

"But when the wild animals attack my father's sheep," protested David, "I fight them off with my sling and staff. I have killed many lions and bears and I will do the same to this wicked Philistine. Do not fear for God is on our side."

King Saul was taken aback. "Well, I suppose you should be given a chance. At least let me lend you some armour and a sword." But the armour was heavy and David was not used to it. He returned the armour to Saul and instead picked up five smooth stones from the stream and marched out **courageously** to face Goliath.

The giant laughed scornfully at the small boy and shouted curses at him. David did not flinch. "This very day you will be defeated and everyone here will see that the Lord does not need swords or spears to save his people."

As Goliath lowered his shield and aimed his spear at the boy, quick as a flash, David loaded a stone into his sling, spun it around above his head and sent it spinning through the air towards Goliath. The stone struck the giant on his forehead and he crumpled to the ground. Goliath was dead. There was a moment of stunned silence before the whoops and cheers from the Israelite army echoed around the hillsides.

This was a day no-one would forget, when the **courage** of a shepherd boy saved a nation.



Bible story based on 1 Samuel 17

QUIZ Wordsearch

Find the words from the story in the grid on Goliath's shield.

ARMOUR

BOY

DAVID

COURAGE

FOREHEAD

GIANT

GOLIATH

GOD

ISRAELITE

PHILISTINE

SHIELD

SLING

SOLDIER

STONE

STRUCK





FAMILY FOCUS & HOME-SCHOOL CHALLENGE

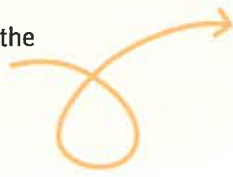


Children of Courage

Each year awards are presented to children throughout the country who have shown outstanding bravery and **courage** in overcoming huge challenges in their lives. (Google 'UK children of **courage** awards' to see some examples.)

Design a nomination for a child that you know and believe should be recognised for their **courage**. Remember, there are different kinds of **courage** and different ways of showing bravery.

The nominations will be displayed in the Challenge Gallery at school.



Example Nomination sheet



Name of child who has shown **courage**

.....

Has shown **courage** by

.....

This bravery should be recognised because

.....

.....



HALL OF FAME

Bravery v. Slavery

Harriet Tubman was born nearly 200 years ago in Maryland, USA. Her family were slaves which means that they had to work for the people who 'owned' them. Slaves had no pay and no rights and they could be bought or sold like property. As Harriet grew older she was afraid that she would be sold and sent far away from her family to work for strangers. She decided to try to escape. This needed great **courage** because Harriet knew that if she was caught she would be cruelly punished. After many adventures and with the help of kind people along the way, Harriet managed to escape to Canada, where slavery was banned.

It would have been safest for Harriet to stay in Canada and make for herself a comfortable and easier life, but she was determined not to forget her family and friends who still suffered as slaves in America. She made her way back and forth to Maryland not once, but *nineteen times*, facing great danger and showing amazing bravery as she helped slaves to escape to freedom. By the end of her life Harriet had helped to free around 300 slaves!

After her death Harriet received many honours for her bravery. A ship was named after her, and in 1995 the US government issued a postage stamp to celebrate her **courageous** life.



FASCINATING FACTS

In case of emergency – Dial 999

"Help...my house is on fire!"

"Help....there's been an accident!"

"Help.... burglars are breaking into the house over the road!"

- The emergency number, 999, was introduced in London in 1937.
- In an emergency, phoning 999 will connect you quickly to an 'emergency control centre'. An operator will ask which service you need, fire, ambulance or police. The operator will be able to track your call to discover where you are and soon help will be on its way.
- Firefighters, police and ambulance crew all risk their own lives on occasions to help other people who are in danger.
- Additional emergency services operate in some places such as mountain and cave rescue, coast guards, air sea rescue.
- Over 30 million 999 calls are made each year.
- About half of all calls are hoaxes. Not only do hoax callers break the law, they put people's lives in danger as it takes longer for real emergencies to be dealt with.